



|          |          |          |          |          |          |          |           |
|----------|----------|----------|----------|----------|----------|----------|-----------|
| 1        | 2        | 3        | 4        | 5        | 6        | 7        | 8         |
| <b>0</b> | <b>1</b> | <b>2</b> | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b> | <b>98</b> |

# Idealbordkarte 1 Sportlich

|           |
|-----------|
| 9         |
| <b>69</b> |

|    |    |    |    |    |    |
|----|----|----|----|----|----|
| 33 | 34 | 35 | 36 | 37 | 38 |
| 32 |    |    |    |    | 39 |
| 31 | 51 |    | 52 | 40 |    |
| 30 | 50 |    | 41 |    |    |
| 29 | 49 |    | 42 |    |    |
| 28 | 48 |    | 43 |    |    |
| 27 | 47 | 46 | 45 | 44 |    |

|          |
|----------|
| 10       |
| <b>6</b> |

|          |
|----------|
| 11       |
| <b>7</b> |

|          |
|----------|
| 12       |
| <b>4</b> |

|          |
|----------|
| 13       |
| <b>8</b> |

|          |
|----------|
| 14       |
| <b>8</b> |

|           |
|-----------|
| 15        |
| <b>10</b> |

|           |
|-----------|
| 16        |
| <b>10</b> |

|          |
|----------|
| 17       |
| <b>5</b> |

GLP1 Zw. Zeit 3,43km = 5min43sec  
 GLP1 Ziel 7,40km = 12min20sec

|           |           |           |          |          |          |          |          |
|-----------|-----------|-----------|----------|----------|----------|----------|----------|
| 25        | 24        | 23        | 22       | 21       | 20       | 19       | 18       |
| <b>12</b> | <b>14</b> | <b>12</b> | <b>9</b> | <b>8</b> | <b>7</b> | <b>8</b> | <b>6</b> |



|          |          |          |           |           |           |           |           |
|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|
| 1        | 2        | 3        | 4         | 5         | 6         | 7         | 8         |
| <b>5</b> | <b>7</b> | <b>9</b> | <b>18</b> | <b>98</b> | <b>20</b> | <b>22</b> | <b>87</b> |

# Idealbordkarte 2 Sportlich

|    |    |    |    |    |    |
|----|----|----|----|----|----|
| 33 | 34 | 35 | 36 | 37 | 38 |
| 32 |    |    |    |    | 39 |
| 31 | 51 |    | 52 | 40 |    |
| 30 | 50 |    | 41 |    |    |
| 29 | 49 |    | 42 |    |    |
| 28 | 48 |    | 43 |    |    |
| 27 | 47 | 46 | 45 | 44 |    |
| 26 |    |    |    |    |    |

**GLP2 Zw. Zeit 3,29km = 6min35sec**  
**GLP2 Ziel 4,97km = 9min56sec**

|           |           |           |           |           |           |           |           |           |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| 9         | 10        | 11        | 12        | 13        | 14        | 15        | 16        | 17        |
| <b>23</b> | <b>75</b> | <b>24</b> | <b>69</b> | <b>25</b> | <b>27</b> | <b>68</b> | <b>28</b> | <b>29</b> |
| 25        | 24        | 23        | 22        | 21        | 20        | 19        | 18        |           |
|           |           | <b>39</b> | <b>38</b> | <b>37</b> | <b>36</b> | <b>31</b> | <b>30</b> |           |